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6 Things You MUST Know About High School

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High School. The best four years of your life. Who in the h*ll said that? These are the hardest years of your life. No one gives you a guide to follow, or rules that you need live by. So here I am, giving you just six simple things to help make your four years even a tad bit bearable I hope you'll find peace in these and eventually, whether it be tomorrow or next month--use these in your High school career. I wish I had listened and lived by these things. I know I would've been happier.

1. *You won't have the same friends you did when you were a freshman.*

When you're fourteen and entering high school, you want tons of friends, why wouldn't you? But it is true when they say you'll start with thirty and end with one--if you're lucky. You'll go through trials and tribulations and you'll drop some friends along the way. High school changes you everyday so you can't expect your best friend from freshman year to be the same girl senior year, even sophomore year. If you're lucky enough to keep the same friend all four years, that's the greatest luck of all.

2. *No one honestly cares if you wear yoga pants or a dress-- just put something on*

"Make sure you look good because everyone is sure to notice."

"Look good, feel good."

You're probably going to try and look good every day but no one honestly cares. The point of high school is not to impress people, it is to get your education and get out. The only people that will even bother to notice your outfit are your friends, and if they're your friends, they definitely won't care what you wear. Go to school in clothes you feel comfortable in, you might as well; you'll be sitting in a chair for eight hours a day anyways.

3. *The boy you love won't love you in a month.*

Ahhhh, my favorite one--relationships. They say some relationships last a lifetime. That could very well be true, but only a whopping 2% of relationships last with your high school sweetheart. If you solely believe that you will be with the guy you were with you freshman and sophomore year, maybe even all of highschool, please spare me. People talk, people grow, college accepts, planes fly and you're without your "High School Sweetheart." The reality that no one wants to seem to face in a relationship is that you will grow apart and you yourself will grow. You change day by day so, you can't expect someone to still make a connection with you if you're not who you used to be. I spent my freshman, sophomore and half of my junior year involved with someone that just turned out to be different in the end. We grew apart and never could go back to how we were freshman year. If I would've looked back and realized how different I had become in those two short years I would've been a lot happier to let him go. I was

so consumed with the idea of being in love. I was in love with someone who wasn't in love with me--or what I thought love was at 14. I moved on and found out that being apart was better than being together. Sadly, I wasted almost three years of my high school being sad and mopey when I could've moved on quicker and enjoyed High school even more.

4. No one will remember THAT nonsense rumor

"Oh my gosh!!! Did you hear about her?"

You'll probably hear that many times in your high school career, and boy it never gets old. But those silly little rumors don't define you or your success. People will start the smallest of rumors just to get a buzz out of you. Sure they'll seem huge to you, they're about you. But don't stress. They won't mean much by the end of the week. If you find yourself losing friends over a rumor, tell yourself that you're probably better off without them and obviously they're not helping you through the hurt from the rumor and you need someone who stands tall as a stone-- true rumors or false.

5. In order to enjoy yourself, you must be yourself

Who cares what everyone else is doing, if you don't want to do it or don't feel comfortable-- don't do it. No one is going to sit and tell you what you can or cannot do, sure they'll try but you can't let that define your experience. Dress how you want, laugh how you want, do what you want. By your Senior year there is a good chance it will be just you, maybe someone else try to finish out the year. Don't follow everyone else's footsteps because i guarantee you won't like it. Be a leader, even if there are not any followers. Lead yourself and make yourself happy. After all, you're only left with yourself after graduation anyways.

6. Cherish your years

Cherish the little things, for those are the big things. Go to all of the football, volleyball, basketball, and soccer games. Participate in one after school event even a class game. Go to all the pep assemblies and dances. Enjoy every moment you can. The more you participate the better your years will be. You only go through high school once and you'll think it's the worst time in your life, but I promise there is no way you can't survive. Take it one day at a time, smile to your peers, say hi every once in awhile- it won't kill you. I promise. Don't dwell on a nasty rumor, silly boy, bad outfit or ex best friend. That too shall pass. As I approach the end of my career at Harper Creek High School, I am somewhat sad. It didn't occur to me that all of those times that I skipped out on the volleyball games or stayed in and ate ice cream that I would want those nights back. I had an experience at school but I wish I would've participated more. To see all of the bonds made with people that I could've had if I would've done the play or sport breaks my heart. It's like seeing your ex with someone new; heartbreaking. I can't get those years back but I can make the best of the few months I have left. My only other advice to you is to cherish every moment because it'll be over before you blink next.